

Sacramental Preparation for Older Students (Sac Prep)

This program is for students who are in 3rd grade or older, have had little or no previous religious education, and have not yet received First Reconciliation and Communion. They may or may not have received Baptism. The program is generally a two-year process but may be completed over one summer and the following year as needed.

Year 1

Children in grades 3-6 are enrolled in the RE or DASH class that matches with their age-mates.

Youth in grades 7-10 are enrolled in DASH 1 and/or DASH 2 as appropriate.

- Requiring a year (or summer) of instruction before focusing on preparing for the sacraments gives the child time to learn some age-appropriate basics of the faith.

- **Mass attendance is a priority.** The child will submit a children's envelope when they attend Mass here at St. Anne or a bulletin signed by the priest/deacon when attending another Catholic parish for Mass. We require that the family attends Mass at least 50% of the time during the year.

Year 2

Children in **grades 3-6** are enrolled in the RE or DASH class that matches with their age-mates.

Youth in **grades 7-10** are enrolled in DASH 2 and DASH 3 as appropriate.

- **In addition to** their regular RE/DASH classes, the child **also attends** sacramental prep classes to prepare for First Reconciliation (3 classes in November) and First Communion (6 classes in February, March, & April).
 - The 50% Mass attendance requirement and tracking continues.
 - The parents must attend all required parent meetings throughout the year.
 - The parent and child must attend one of the First Communion retreats.

Beyond Years 1 & 2

After completing Years 1 and 2 and receiving Reconciliation and Communion, the expectation is that child will continue to be enrolled in RE/DASH classes until they receive Confirmation.

Note about Baptism

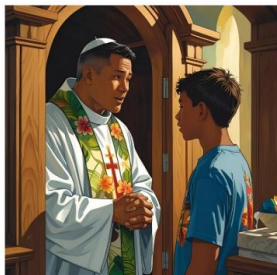
- Those students who have not yet been baptized would receive information about the sacrament to review at home to help them prepare.
- Those baptized in a Christian but non-Catholic church would receive information about a Profession of Faith. The child would most likely receive the sacrament of Baptism or make their Profession of Faith sometime during Year 1 of Sac Prep or the summer between Years 1 & 2.

Note about Confirmation

Our Confirmation prep program is called DASH and is a three-year process. **Those students in junior high or high school would simultaneously be preparing to receive Confirmation.** This means that in addition to the DASH classes and Reconciliation/Communion sac prep classes, these students would also complete the Confirmation requirements of a Saint report, discipleship hours, faithboosters, etc.

Sac Prep Class Schedule for Year 2 in 2025-2026

Sac Prep classes meet on Thursdays from 4:45 to 5:45pm.



Reconciliation Classes:

November 6, 13, and 20

The sacrament of Reconciliation is received during their regular class time the week of December 1-3 (if in grades 3-5 or DASH 1) and Sunday, December 7 (if in DASH 2 or 3). If the child has a sibling in 2nd grade, they may choose to receive the sacrament with their sibling on Saturday, December 6.



Eucharist (Communion) Classes:

February 12 & 26

March 12 & 26

April 9 & 23

The First Communion Masses are on Saturday, May 2, 2026.