

PARENT PROMISES



When you brought your child(ren) to the Church to be Baptized, you accepted the responsibility of training them in the practice of the faith. As part of the sacrament, you acknowledged that “it will be your duty to bring him (her) up to keep God's commandments as Christ taught us, by loving God and our neighbor.” You promised, along with the godparent(s), to share and witness to your child the faith that you professed on their behalf.

OUR JOB AND YOUR ROLE: CATHOLIC PARENTING

*Our job in the St. Anne RE/DASH program **is to enhance what you are doing at home.***

Each time you attend Mass as a family, bring your child to celebrate the sacraments, pray together at home, talk about God, and ensure that your child is educated in the faith, you are keeping the promise you made as a Catholic parent.

We offer some basics in educational conversations, dabbled with some activities, all of which is a pin drop of what you do as the true Catholic teachers at home!

Catholic parenting means connecting our kids to God, teaching them how to listen, dialogue, and wrestle with the Spirit of God. #catholicmom

Please check out these two amazing articles to give perspective on Catholic parenting:

1. [Goal of Catholic Parenting](#) - by a Catholic mom
2. [Catholic Parent](#) - by a Catholic dad

Check out these websites for Catholic parenting resources & support:

1. [United States Council of Catholic Bishops on Family life and Parenting](#)
2. [Resources for Catholic Parents](#)
3. [Intentional Catholic Parenting](#)
4. [Strong Catholic Families](#)



FAMILY FAITH EVENTS

To help support your important role as parents, this year we have added 3 special family faith events to the RE/DASH calendar.

#1: Sunday, October 29th from Noon to 3 PM – Hallowed House

Following the 11:00 Mass, celebrate All Hallow's Eve and All Saints Day by joining us for lunch and activities focused on the Saints.

#2: Saturday, December 9th from 6 to 7:30 PM – Hope Café

Following the 5:00 PM Mass, join us for dinner and Advent and St. Nicholas activities.

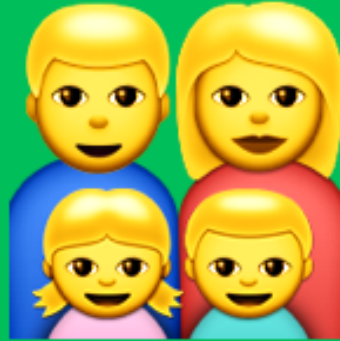
#3: Tuesday, February 20th from 4:30 to 7:30 PM – Journey with Jesus

Come as a family to experience the Stations of the Cross in a new and interactive way.

THE DOMESTIC CHURCH

The phrase “domestic church” has been used to describe families since the beginning of Christianity. The family is a “little church” because it is the first place where children learn about their faith. Family life is sacred, family activity is holy, and families have a unique ministry. Here are some basic ways you can celebrate your domestic church!

7 HABITS *of* CATHOLIC FAMILIES



PRAY TOGETHER

Pray every day. Try the Rosary or simple prayers as Our Father or Hail Mary



ATTEND MASS

Go to church every Sunday and all Holy Days of obligation



HAVE AN ONGOING FAMILY CHARITY EFFORT

Choose a cause to collaborate with financially or by volunteering



GET SACRED ART IN YOUR HOME

Use Catholic paintings or statues to add richness to the family's devotion



GO TO CONFESSION FREQUENTLY

It is important to encourage all members of the family to go to confession regularly



USE CATHOLIC MEDIA

It is a good resource to keep all the members of the family close to God and the Church



CELEBRATE!

Saints' Day, Church Seasons... Keep the joy of the Gospel in your family!

FAMILY TEACHING OF PRAYERS/KNOWLEDGE

As you are the primary faith teacher for your child(ren), we ask that you ensure your child(ren) **know the specific prayers and concepts listed by grade level below**. Though often these topics are part of our grade level curriculum, we don't always have time to go over them to ensure proper memorization of key components and prayers of our Catholic faith – this is where your role, as primary educator, is most valuable!

With YOUR help, at the END of each year your child should know:

Kindergarten:

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
(Using your right hand, touch forehead, breast/chest, left shoulder, right shoulder)

1st grade: all the above plus

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary: Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

2nd grade: all the above plus

Act of Contrition: My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Glory Be: Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

3rd grade: all the above plus

Apostle's Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Holy Trinity: We believe in one God with three "persons":

- God the Father
- God the Son (Jesus)
- God the Holy Spirit

4th grade: all the above plus

Commandments:

(Students should know *in order the Catholic wording* which is different than Protestant wording and numbering.)

1. You shall honor no other god but me.
2. You shall not take the name of the Lord in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Greatest Commandment: You shall love the Lord your God with all of your heart, soul, mind, and strength. And then, you should love your neighbor as yourself.

The Beatitudes:

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Blessed are the merciful, for they will receive mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

5th grade: all of the above plus

Sacraments: Students should be able to name and explain each of the seven sacraments

Sacraments of Initiation: Baptism, Confirmation, Eucharist

Sacraments of Healing: Reconciliation, Anointing of the Sick

Sacraments of Vocation: Holy Orders/Ordination, Matrimony/Marriage

DASH 1/ 6th grade: all the above plus

Concepts taught in this grade level include:

The knowledge of Salvation History through Sacred Scripture and Sacred Tradition as discovered through the covenant relationships found in the Old Testament. Cumulative knowledge at the end of the year should include the story and faith connection to each of the main figures of the Old Testament

The below items which are found on pg. 2116 of their Breakthrough Bible:

1) The Precepts of the Catholic Church:

1. You shall attend Mass on Sundays and Holy Days of Obligation.
2. You shall confess your sins at least once a year.
3. You shall receive the Lord Jesus in Holy Communion at least during the Easter season.
4. You shall observe the Holy Days of Obligation.
5. You shall observe the prescribed days of fasting and abstinence.
6. The faithful have the obligation of supporting the Church.

2) Knowing the **importance and colors of each** Liturgical season

3) Holy Days of Obligation – and what each means

DASH 2/ 7th grade: all the above plus

Concepts taught in this grade level include:

Understanding of God's revelation as found through the Incarnation in Jesus Christ and through his signs and wonders (miracles) and teachings (parables) in the New Testament. *Students should be able to know and name a few different miracles (Breakthrough Bible pg. 2087) and parables (Breakthrough Bible pg. 2088).*

The below items which are found on pg. 2115 of their Breakthrough Bible:

Theological Virtues of: Faith, Hope, Love

Cardinal Virtues of: Prudence, Justice, Fortitude, Temperance

Finally: Charity vs. Justice & awareness of the 7 Themes of Catholic Social Teaching

DASH 3/ 8th grade: all the above plus

Transubstantiation/Real Presence in the Eucharist

Works of Mercy: (pg. 2115 of Breakthrough Bible)

Corporal: Feed the hungry, Give drink to the thirsty, Clothe the naked,
Visit the imprisoned, Shelter the homeless, Visit the sick, Bury the dead

Spiritual: Convert the sinner, Instruct the ignorant, Counsel the doubtful,
Comfort the sorrowful, Bear wrongs patiently, Forgive all injuries,
Pray for the living and the dead

Gifts of the Spirit: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, Fear of the Lord

Fruits of the Spirit: Charity, Joy, Peace, Patience, Self-Control, Gentleness, Love, Goodness, Faithfulness, Kindness, Generosity, Modesty, Chastity

The Nicene Creed: (which includes the 4 Marks of the Catholic Church)

*I believe in **one God**, the Father almighty, maker of heaven and earth, of all things visible and invisible.

*I believe in one Lord **Jesus Christ**, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

*I believe in the **Holy Spirit**, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

*I believe in **one, holy, catholic and apostolic** Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

ALL FAMILIES ARE ENCOURAGED TO TEACH/PRAY the ROSARY with their child

Mysteries of the Rosary:

Joyful Mysteries: Monday & Saturday

The Annunciation
The Visitation of Mary to Elizabeth
The Birth of Jesus
The Presentation of Jesus in the Temple
The Finding of Jesus in the Temple

Sorrowful Mysteries: Tuesday & Friday

The Agony of Jesus in the Garden
The Scourging of Jesus at the Pillar
The Crowning with Thorns
The Carrying of the Cross
The Crucifixion

Luminous Mysteries: Thursday

The Baptism of Jesus
The Wedding at Cana
The Proclamation of the Kingdom of God
The Transfiguration of Jesus
The Last Supper

Glorious Mysteries: Wednesday & Sunday

The Resurrection of Jesus
The Ascension of Jesus
The Decent of Holy Spirit at Pentecost
The Assumption of Mary into Heaven
The Crowning of Mary