## Prayer REFLECTION for ORDER

NAME: Teacher:

This month you spent time purposefully bringing God/Jesus into your life by spending time in more structured prayer/Catholic devotions..

## \*\*If you chose to do the Examen with the Sacred Space app:

Think about how you felt prior to the prayer each day and how you felt afterwards. Share what you experienced doing the Examen. Was it helpful? Would you choose this again on your time?

Share a personal example from your month of how this helped. (Or, if you didn't like it tell me why.)

## \*\*If you chose to do the ROSARY:

Please share how you chose to pray the rosary (the decade a two each day/night for a person, a certain mystery or two each time, the whole rosary.)

Have you ever fully prayed the rosary before? If so, share what you like about it. If this is new to you, share how you felt prior to prior and each time after praying. What mystery stands out the most as a way to understand Jesus' life and how Jesus' understands your problems? Of course, tell me why!

FOR EITHER Examen or the Rosary, the point of the experience was to bring GOD/JESUS into life more personally each night.

- 1. Rate yourself on how well you did with this experience—committed to prayer each day; felt fully focused in the prayer each time; or focused on prayer but mind constantly wandered
- 2. Overall, how do you feel this experience helped you feel closer to Jesus?

You will turn in your TYPED reflection that covers ALL of the points on this page (including name and teacher) TO your catechist ON the due date.

OR, if it is easier, email them to Ms. Julie: <a href="mailto:JHDRE@stanneparish.com">JHDRE@stanneparish.com</a>
Please do email subject line as: "your last name" + month + Prayer Reflection

example: Krakora October Order Reflection