

Prayer REFLECTION for DRAW/ART

NAME:

Teacher:

This month you spent time drawing, coloring, or creating something each night. Because this isn't something easily shared, feel free to give a sample of one of your pages. Then answer the following questions.

You obviously chose this experience because you like something about it.

HOW did doing something you like HELP you, as a teen, to feel better each day?

The point of the experience was to bring GOD/JESUS into your drawing/coloring time every day.

- 1. Talk about HOW (the art/coloring/drawing part) you chose to do this?**
- 2. Share how you felt BEFORE you would pray through drawing and how you felt AFTER you stopped for a given day.**

Each night you ideally were praying FOR someone or multiple people. Did you feel/see any difference as the "fruit of your prayer?" (Remember, even you feel calmer about their situation is a fruit of prayer so you can talk about that.)

If you chose to read a scripture verse, contemplate it and create art from it, which was your favorite verse and image? Why?

You will turn in your TYPED reflection that covers ALL of the points on this page (including name and teacher) TO your catechist ON the due date.

OR, if it is easier, email them to Ms. Julie: JHDRE@stanneparish.com

**Please do email subject line as: "your last name" + month + Prayer Reflection
example: Krakora October Drawing Reflection**