

Discipleship Hours Reflection Sheet

Please complete **ONE** sheet for **EACH** Mercy/CST project that you do. (If you complete many hours at one place, one reflection sheet is all you need.)

[Here are the QUESTIONS you need to respond to either on this paper (print neatly please!)

OR copy and paste ALL the questions into a word document and type it in that way!

Name of DASH 3 Student:

Date(s) of Service: _____ **Total Hours:** _____

Who, or what agency, did you help?

Which Corporal/Spiritual Work of Mercy OR which Catholic Social Teaching (CST) did you live out? CHECK the Discipleship Hours packet for the proper connection. *(If you chose a CST make sure it clearly follows the intent and purpose of that teaching and it not a loose connection. i.e.: Working a school fun fair is NOT Call to Community and Participation.)*

Why did you personally choose this Work of Mercy or CST?

How did this experience better help you live as a disciple and better understand what it means to follow Jesus Christ?

What specific Bible passage(s) can you relate to the experience? Why?

What did you learn from this service experience? What was the most meaningful thing that happened? Anything that you didn't like?

Parent/ Sponsor's Signature: _____